

**LIVINGSTON PARISH PUBLIC SCHOOLS
LDOE PROTOTYPE
SCHOOL FOOD SERVICE SECTION
SY 2016-2017**

Student's Name _____ Age _____

School _____ Grade/Classroom _____

Parent's Name _____

Address _____ Telephone () _____
(Street or P. O. Box)

City _____ State _____ Zip Code _____

Does the student have a disability that requires a special diet? Yes _____ No _____
If Yes, describe the major life activities affected by the disability.
(See back of form for further information.)

If the student is not disabled, list the medical condition that requires special nutritional or feeding needs.

Diet Prescription (Check all that apply):

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Diabetic | <input type="checkbox"/> Increased Calorie _____ #kcal |
| <input type="checkbox"/> Food Allergy | <input type="checkbox"/> Reduced Calorie _____ #kcal |
| <input type="checkbox"/> Hypoglycemic | <input type="checkbox"/> Texture Modification (Must check one) |
| | Chopped _____ Ground _____ |
| <input type="checkbox"/> PKU | Pureed _____ Liquified _____ |
| <input type="checkbox"/> Other _____ | <input type="checkbox"/> Tube Feeding |
| | Liquified Meal _____ Formula _____ |

Foods Omitted and Substitutions

Please check food groups to be omitted and substitutions. Identify specific foods to omit on the attached sample menu.

- | | | |
|---------------------|---|--|
| Food Groups to Omit | <input type="checkbox"/> Meat and Meat Alternatives | <input type="checkbox"/> Fluid Milk |
| | <input type="checkbox"/> Bread and Cereal Products | <input type="checkbox"/> Milk/Dairy Products |
| | <input type="checkbox"/> Fruits and Vegetables | |

Specific Foods to Omit	Specific Foods to Substitute
_____	_____
_____	_____
_____	_____

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

Office Address _____ Office Telephone # () _____

¹Licensed Physician/Recognized Medical Authority Signature

Date

¹Signature of Licensed Physician required if the student is disabled.

Definition of Disability

Definitions

As used in this part, the term or phrase:

(l) *Student with disabilities* means any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such an impairment, or is regarded as having such an impairment.

(j) *Physical or mental impairment* means (1) any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more of the following body systems: Neurological; musculoskeletal; special sense organs; respiratory, including speech organs; cardiovascular; reproductive; digestive; genitourinary; hemic and lymphatic; skin; and endocrine; or (2) any mental or psychological disorder, such as mental retardation, organic brain syndrome, emotional or mental illness, and specific learning disabilities. The term *physical or mental impairment* includes, but is not limited to, such diseases and conditions as orthopedic, visual, speech, and hearing impairments; cerebral palsy; epilepsy; muscular dystrophy; multiple sclerosis; cancer; heart disease; diabetes; mental retardation; emotional illness; and drug addiction and alcoholism.

(k) *Major life activities* means functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working.

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.

Sample Breakfast Menu

Buttermilk Waffles w/ Syrup Turkey Sausage Patty Apple Fruit Juice Choice Milk Choice	Egg Frittata Whole Grain Toast w/ Jelly Grits Pineapple Tidbits Fruit Juice Choice Milk Choice	Biscuit w/ Jelly Egg Patty Diced Pears Fruit Juice Choice Milk Choice	Breakfast Toast w/ Turkey Sausage, Cheese & White Gravy Sliced Peaches Fruit Juice Choice Milk Choice	Homemade Cinnamon Swirl Apple Fruit Juice Choice Milk Choice
Pancakes w/ Syrup Turkey Sausage Patty Apple Fruit Juice Choice Milk Choice	Bacon, Egg & Cheese Extravaganza WG Toast w/ Jelly Grits Orange Fruit Juice Choice Milk Choice	Turkey Sausage Biscuit w/ Jelly Sliced Peaches Fruit Juice Choice Milk Choice	Breakfast Pizza Banana Fruit Juice Choice Milk Choice	Mini French Toast w/ Syrup Diced Pears Fruit Juice Choice Milk Choice
Chicken Tender Biscuit w/ Jelly Red Seedless Grapes Fruit Juice Choice Milk Choice	Scrambled Eggs Turkey Canadian Bacon Boxed Raisins Fruit Juice Choice Milk Choice	Pancake on a Stick w/ Syrup Diced Pears Fruit Juice Choice Milk Choice	Grilled Cheese Sandwich on WG Toast Orange Segments Fruit Juice Choice Milk Choice	WG Mini Powdered Doughnuts Fruit Cocktail Fruit Juice Choice Milk Choice

Sample Lunch Menu

Spaghetti & Meat Sauce or Meatballs Green Peas Spinach & Romaine Salad w/ Ranch Dressing Whole Grain Roll Fruit Cocktail Milk Choice	Chicken & Sausage Jambalaya or Pastalaya Navy Beans Carrot Cup w/ Ranch WG Breadstick Apple Milk Choice	Chicken Tenders Mashed Potatoes & Gravy Seasoned Green Beans Whole Grain Roll Banana Milk Choice	Chicken Soft Taco on WG Tortillas OR Crunchy Taco on Corn Shell Pinto Beans or Black Beans Salsa, Taco Salad Cup Shredded Cheese Cup Orange Milk Choice	Hamburger or Cheese burger on WG Bun Mayo, Mustard, Ketchup French Fries Relish Cup Pineapple Tidbits Milk Choice
Chicken Nuggets OR Chicken Breast Mashed Potatoes Carrot Cup w/ Ranch Whole Grain Roll Apple Milk Choice	Pepperoni Pizza or Cheese Pizza Marinara Dipping Sauce Garden Salad w/ Ranch Fruit Cocktail Cherry Jell-O Milk Choice	Orange Chicken Vegetable Rice Steamed Broccoli Banana Sugar Cookie Milk Choice	Shrimp Poppers or Fish Sticks Homemade Mac & Cheese Seasoned Green Beans Pineapple Tidbits Milk Choice	Hot Ham & Cheese OR Roast Beef & Cheese Sub Mayo, Mustard, Ketchup French Fries, Relish Cup Baked Beans Orange Milk Choice
Cheesy Chicken Spaghetti Mozzarella Breadstick Seasoned Green Beans Garden Salad w/ Ranch Pineapple Tidbits Milk Choice	Red Beans w/ Sausage served on Brown Rice Whole Grain Roll Spinach Salad w/ Ranch Dressing Fruit Cocktail Milk Choice	Pork Chop OR Salisbury Steak Mashed Potatoes & Gravy Black Eyed Peas Whole Grain Roll Banana Milk Choice	Beef & Cheese Nachos Taco Salad Cup, Salsa Pinto Beans or Black Beans Whole Kernel Corn Diced Pears Milk Choice	Chicken Patty on WG Bun Mayo, Mustard, Ketchup French Fries Banana Milk Choice
Chicken & Sausage Gumbo Brown Rice Crackers Potato Salad Garden Salad w/ Ranch Dressing Mandarin Orange Slices Milk Choice	Chicken, Turkey Bacon Club on Flatbread Eggplant Fries Baby Carrots w/ Ranch Orange Milk Choice	Philly Cheesesteak on WG Sub Roll Mayo, Mustard, Ketchup French Fries Apple Milk Choice	Hot Dog on WG Bun Homemade Beef & Bean Chili French Fries Mandarin Orange Slices Milk Choice	Cheese Enchiladas w/ Red Sauce Pinto Beans or Black Beans Corn Sliced Peaches Milk Choice

**Please strike thru any menu items that should not be served based on the attached
Special Diet Form**

**** Menus are subject to change based on product availability ****